



# HOSPITAL BAG CHECKLIST



## Mom:

- Nightgown/robe
- Pajamas (front opening)
- Underwear
- Disposable underwear
- Comfy clothes
- Slippers
- Socks
- Nursing bras
- Nursing tops
- Going home outfit
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Toiletries:

- Skincare products
- Shampoo & conditioner
- Lip balm
- Toothbrush & toothpaste
- Bodywash
- Lotion
- Deodorant
- Hairbrush & hair ties
- Pads
- Nipple cream
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- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Technology & Extras:

- Cell phone
- Charger
- Camera
- Water bottle with straw
- Snacks

- Magazines
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- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Paperwork:

- Birth plan
- Hospital admission forms
- Social security card
- Driver's license
- Insurance card/details
- OBGYN info
- Pediatrician info
- Paperwork needed for baby's birth certificate
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- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Baby & Diaper Bag:

- Outfits
- Socks
- Bibs
- Burp cloths
- Diapers
- Wipes
- Swaddle blankets
- Nursing cover
- Going home outfit
- Pacifier
- Bottles
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- \_\_\_\_\_
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