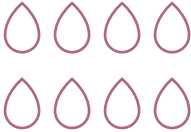
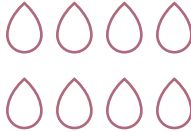
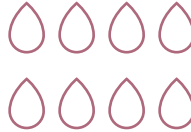
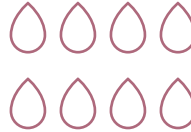
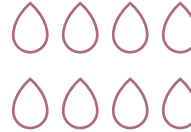
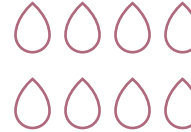
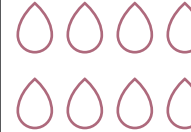









WELLNESS TRACKER

WEEK OF:

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SLEEP							
WATER							
EXERCISE							
VITAMINS							
MEALS							
MOOD							
ENERGY	